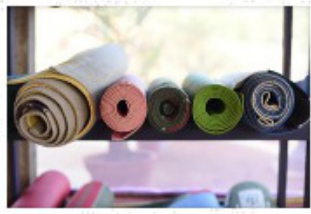


AATMAA SOUL YOGA

FIRST CLASS FREE * MATRAVILLE SPORT CENTRE



Class Schedule (BYO mat)

- Classes Daily **Mon-Fri 5pm 60 min**
- Daily **7am** class **by bookings only**
- Saturday **9am & 10am 45min**
- **Beach Yoga** at Coogee Park every **Sunday 8am**
- **Different times available on request**

*when you sign up for membership



Aatmaa Yoga for the Soul

 Facebook

- **Private** classes **Daily Group** classes **Corporate** yoga
Yoga for **Sports people** Guided **Meditation**

To **BOOK** head to

<https://aatmaayoga.eventbrite.com.au> or call/txt Ivy

 Matraville Sports Centre, Bun...

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 0405200051

 aatmaayoga.com

